

Announcing a NEW CLASS taught by Amy Tucci



Wednesdays
5 to 6 PM

Saturdays
10 to 11 AM

Starting
Wed Feb 4 and
Sat Feb 7

Mixed Martial Arts, including:

Jun Fan and Muay Thai Kickboxing

Jun Fan and Kali Trapping

Kali/Silat/Mixed Grappling

This class is for all levels and anyone who wants to develop and improve their technical understanding of these arts.